

Fortress Mountain Resort / KPOW Cat Skiing

COVID 19 Operating Guidelines



Created: September 3, 2020

Created by: Chris Mueller, FMR Director of Operations

Revised: October 1, 2020 (C. Mueller), November 7, 2020 (C. Mueller), December 9, 2020 (C. Mueller), Jan 11, 2021 (C. Mueller)

Fortress Mountain Resort (FMR) / KPOW Cat Skiing recognises the community effort that is required to prevent the spread of this damaging virus. This document will detail actions being taken by FMR / KPOW both internally and in regard to guests visiting the site for the winter season of 2020 / 2021.

These guidelines have been developed after discussion with KPOW's two medical directors, reference to current Alberta Health Services (AHS) guidelines, and to act within industry standard practices.

The safety and health of both guests and staff at Fortress are of the highest priority and will remain as such above all other considerations. These guidelines will be adjusted, if/when required, to accommodate the rapidly evolving issues that are presented with the COVID 19 response. Patience and understanding from all will be critical and is appreciated as we work to navigate this complex issue while still enjoying some great skiing! This current revision is to reflect the most recent requirements as detailed by AHS on December 8, 2020 and will be revised at such a time that restrictions / recommendations are altered.

To eliminate the potential of confusion, the following practices will be implemented for guests and staff at all times:

Pre-screening

A pre-screening questionnaire will be required from every guest prior to their access to the Fortress site. This questionnaire is required to be completely filled out on each individual visit and includes: name, contact details, date of visit, purpose of visit, assessment question list, and acknowledgement. A copy of this questionnaire will be sent to each guest prior to arrival. The pre-screening questionnaire will be kept of file for a duration of 14 days post visit and will only be used for reference should contact tracing actions be required. (copy attached below for reference)

Indoor Spaces

As per AHS requirements, all indoor spaces will be closed to public access. Individual access can be provided in the event of first aid requirement, warming, etc. Our washroom unit will remain open with regular sanitization and hand sanitizer available.

Group Sizes

For this period of restriction, cat skiing group sizes will be limited to 14 guests. Guests are encouraged to book within cohort / family groups if possible.

Face Covering

A face covering that covers at minimum the mouth and nose will be required to be worn:

- when physical distancing of a minimum of 2 meters can not be maintained
- in the KPOW transport van
- while loading / unloading the KPOW snowcat (including loading / unloading of equipment)
- while inside the KPOW snowcat
- while inside the KPOW Lounge or any other building (for staff, public access is restricted at this time)

Physical Distancing

Participation in achieving physical distancing of no less than 2 meters whenever possible will be required by all. This will include when participating in morning safety briefings and in recurring run briefings. When physical distancing can not be maintained, face coverings are required.

Seating

Guests will be requested to utilize the same seats inside the snowcat and to seat themselves beside the guests that they arrived with. While it has been a fun experience in the past, guest will no longer be able to ride in the front cab of the snowcat with the operator.

Ventilation

Ventilation of transport vehicles will be increased as much as reasonably possible.

KPOW Cancellation

Should a guest need to cancel their booking due to a COVID related issue, they will be provided the ability to transfer their booking to another day in the season at no charge or to transfer their booking to another person. KPOW will work with guests to find acceptable solutions should a workable transfer date not be possible due to lack of availability on a case by case basis.

Food Service

All food services will work to eliminate opportunities for cross contamination. This will include direct service by FMR/KPOW staff (versus the past 'buffet' style of morning / lunch service) and the requirement to utilize a new disposable dish should 'seconds' be needed. KPOW will operate with additional seating benches at our outdoor lunch sites to allow for better spacing of guests. Snacks and water will be individual portions and distributed by KPOW staff when requested (versus our past 'help yourself' system). Plastic water bottles will not be used, FMR will provide water in aluminum cans.

Staffing

Staff will be scheduled as much as possible to remain in working cohort groups and will be required to complete the pre-screening questionnaire at the start of every shift. Staff are required to wear face coverings in staff rooms and at all times when indoors / physical distancing can't be maintained. Staff will travel in the front of the snowcat or via snowmobile. Household, cohort, or individual travel to/from work is also encouraged.

Sanitization

Increased sanitization frequency will occur in all areas of the operation. This will include (but not be limited to) the 'KPOW Lounge', the KPOW transport van, toilet facility, the KPOW snowcat, and staff rooms. Hand sanitizer will be provided at numerous locations throughout the operation including multiple locations in the 'KPOW Lounge', multiple locations in the KPOW transport van, in the toilet facility, and in the KPOW snowcat. A sink for handwashing remains available in the 'KPOW Lounge'. All vehicles and common areas will be sanitized at the end of each operating day using our recently acquired Victory Electrostatic Sprayer and Vital Oxide Sanitizer.

Fortress Mountain Resort / KPOW Cat Skiing COVID 19 Pre-Screen Questionnaire

Created: July 15, 2020 (C.Mueller)

Revised: September 29, 2020 (C.Mueller), January 7, 2021 (C.Mueller)



This questionnaire is required to be filled out by all visitors to the Fortress Mountain site and provided to site management either prior to or immediately upon arrival to Fortress Mountain Resort / K-Pow Cat Skiing.

Name: _____ Phone number: (____) _____

Are you over the age of 18: YES NO Email address: _____

*Minors require a guardian signature of this document

Date of your visit: _____ Purpose of your visit: _____

Please completely read the following questions and mark your answer:

1. Are you sick with a cold/flu or are you displaying any signs of COVID-19 and/or flu-like symptoms? YES NO
2. Do you have any new onset or worsening of any of the following symptoms: fever, cough, shortness of breath / difficulty breathing, sore throat, chills, painful swallowing, runny nose / nasal congestion, feeling unwell / fatigued, nausea / vomiting / diarrhea, unexplained loss of appetite, loss of sense of taste or smell, muscle / joint aches, headache, conjunctivitis (pink eye)? YES NO
3. Have you returned from outside of Canada in the past 14 days? YES NO
4. Have you had close contact with a confirmed case of COVID-19 in the last 14 days?
*medical professionals – close contact without appropriate PPE YES NO
5. Have you had close contact with a symptomatic (see the list of symptoms in question 2) yet un-confirmed case of COVID-19 in the past 14 days?
*medical professionals – close contact without appropriate PPE YES NO
6. In the past 14 days have you been directed by Public Health to self-isolate?

*If you have answered YES to any of the above questions you will not be able to access the Fortress site for a minimum of 14 days after this pre-screening has occurred. Fortress Mountain Resort / K-Pow Cat Skiing appreciates your understanding in our efforts to protect both our guests and staff from possible COVID-19 exposure.

Acknowledgement:

I understand that Fortress Mountain Resort / K-Pow Cat Skiing is taking recommended steps towards minimizing exposure to and transmission of COVID-19 at the Fortress site and will, to the best of my ability, adhere to recommended COVID-19 best practices and follow any reasonably requested actions placed upon me by Fortress Mountain staff which may include but not be limited to: use of face masks/coverings, maintaining physical distancing, and utilizing hand sanitizers. I acknowledge that, even with these efforts, I may still be exposed to the virus during my visit. I freely and willingly choose to participate in accessing the Fortress site knowing this and will not hold **Fortress Mountain Holdings Ltd, Kananaskis Powder Cat Skiing "KPOW"**, its directors, officers, employees, instructors, agents, representatives, volunteers, independent contractors, subcontractors, sponsors, other guests, successors, and assigns accountable should I contract the virus. Should I test positive for COVID-19 or show symptoms of the virus within 14 days after my visit, I will contact Fortress Mountain Resort so that they can assist with contact tracing efforts that will be undertaken and acknowledge that the information provided on this form may be used for, and only for, contact tracing purposes.

Signature: _____

Date: _____